

GIRLS GROUP

WHO CAN JOIN

- Group 1
Grades 5th-6th
- Group 2
Grades 7th-8th

Session Fee

\$35

If you pay in full
when you register
the 6th session is
FREE!

GROUP TOPICS

- Healthy Relationship skills
- Positive Body Image
- Communication Skills
- Coping Skills
- School Success Skills
- Emotional Bullying
- Self-Esteem/ Empowerment
- Managing Social Media challenges

Thursday Evenings

Group 1- 5:00-6:00
Group 2- 6:00-7:00

Dates:

April 10th	May 1st
April 17th	May 8th
April 24th	May 15th

HOW TO REGISTER

CONTACT

AMANDA
CICHANOWSKI
708-304-3177

The Therapy Center
708-460-2111

◦ <https://thetherapy-center.com> ◦