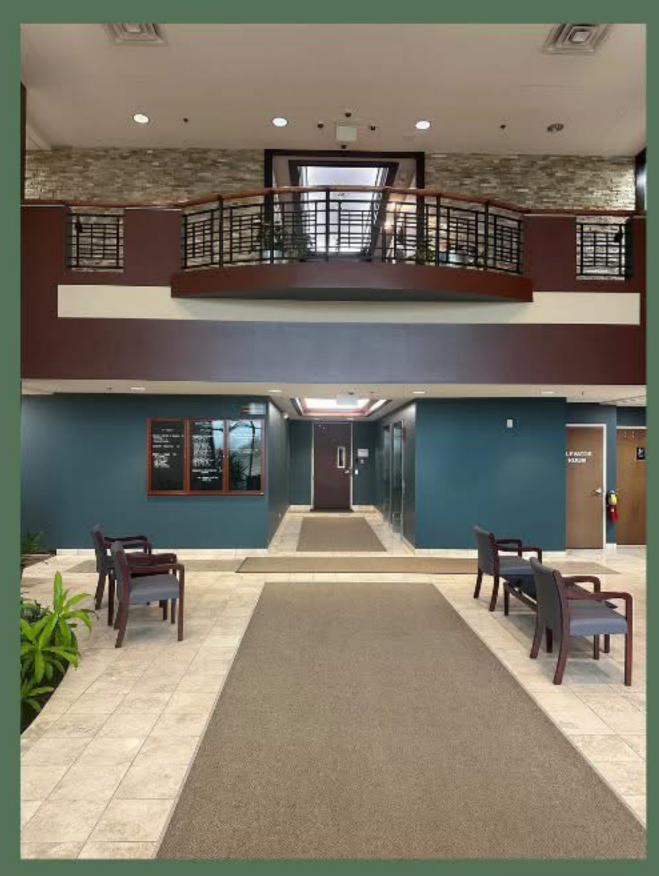
# Check On Your Mental Health

We are a private practice owned by
Karen Butler-Cook, M.A., a licensed
clinical professional counselor in the
State of Illinois. Our practice includes
licensed clinical professional
counselors, licensed professional
counselors and Master's degree clinical
interns. We also provide referrals for
psychological / neuropsychological
testing and medication management.







#### Get In Touch

- +708-460-2111
- @Facebook- The Therapy Center
- https://thetherapy-center.com



## The Therapy Center

"The curious paradox is that when I accept myself just as I am, then I can change." - Carl Rogers



## About Us

- Individual Therapy
- Couples Counseling
- Family Counseling
- Cognitive Behavioral Therapy
- Child & Adolescent Counseling
- Counseling Groups

### **Our Services**

- Eating Disorders
- Anger Management
- Men's Issues
- Women's Issues
- Life Coaching
- College Transition
- Substance Abuse
- RecoveryAcademic
   Counseling
- Divorce and Life Transitions
  - Anxiety
- Depression
- Attention
   Deficit/Hyperactivity
   Disorder
- Personality Disorders
- Fertility Mental Health
   Counseling

## Our Mission

Mental health is just as important as physical health. It affects how we think, feel, and act. Taking care of our mental health is essential for overall well-being.



"Your present circumnstances don't determine where you go, they merely determine where you start."
-Nido Ruben